

A close-up photograph of a traditional Japanese damai (spa coin). The coin is circular and made of metal, featuring intricate embossed patterns and a central square hole. A dark, braided cord is threaded through the hole and tied into a knot. The background is a dark, textured surface with a large, circular, embossed pattern that matches the design on the coin. The lighting is warm and focused, highlighting the metallic texture and the details of the coin and cord.

damai

menu of spa services

hyatt pure

a worldwide collection of extraordinary spas, ranging from urban to resort in setting. Each spa is custom designed to embrace the local environment and culture to provide an authentic indigenous experience. Returning to the true definition of spa, “sanitas per aquas,” Latin for “healing by waters,” treatments and services incorporate the principles of hydrating the body to promote wellness and renewal.

hyattpure.com

peace, in Malay and Indonesian language, is Damai. Reflecting a harmony found only in Singapore, people of Chinese, Malay, Indian and European descent have come together in this tropical paradise to build a harmonious community, blending cultures and fostering a profound sense of peace. Creating a modern spa experience inspired by the Singaporean lifestyle, Damai brings together the cultural healing philosophies, techniques and traditions of Chinese, Malay, Indian and European cultures as practiced in Singapore, in peaceful harmony.

At Damai, spa offerings are based on a set of four cultural healing philosophies as practised in Singapore:

balancing

traditional chinese medicine

Harmonising the body by unblocking the vital energy, qi

healing

malay jamu philosophy

Jamu herbal remedies and massage for natural well-being

purifying

indian ayurveda

Ayurvedic treatments to de-stress, cleanse and detoxify

renewing

european spa therapy

Classic therapies for energising the mind/body connection

We invite you to follow your path to true wellness, discovering serenity in harmony as we offer you damai.

damai journeys

purifying de-stress and cleanse	2 hrs	\$250
Indian Sea Salt Exfoliation Ginseng Body Masque Abhyangam Massage		
balancing unblock vital energy	2 hrs 30 mins	\$300
Targeted Healing Back Massage Acupressure Facial Qi Balance Reflexology		
healing renew with nature	3 hrs	\$350
The Royal Lulur Exfoliation Urut Malay Massage Custom Facial Scalp Massage		
renewing energise body and mind	3 hrs 30 mins	\$375
Lemon Sugar Body Polish Fruit Enzyme Cleanse Deep Tissue Massage The Excellence Pedicure		

signature treatments

As a symbol of peace, progress and unity, the National Flower of Singapore, the Vanda Miss Joaquim, is the inspiration for our Signature Essence. A hybrid variety known as the Orchid of Long-Lasting Excellence, the Damai spa experience is infused with this orchid's extraordinary beauty and natural resilience, the spirit of Singapore.

damai orchid massage 90 mins \$185

Our Signature Orchid Essence radically boosts the rejuvenating and energy balancing effects of this pressure point massage. Improving the vitality of your scalp, relieving physical tension and lifting spirits, soothing hands work pressure points on the head, face, back and feet to allow the uninterrupted flow of vital energy throughout the body. Treatment is complete with a hydrating Orchid mist.

damai orchid facial 90 mins \$170

Based on the energy balancing effects of our Signature Essence, the long-lasting, superior results of this facial treatment go beyond the scope of conventional facials. Starting with acupressure massage to stimulate the vital energy points of the face, enjoy the profound rebalancing, vitalising and decongesting effects of our Orchid cleanse, scrub and masque combining with Vitamins A, C and E to improve and fully renew the complexion.

For all skin types.

signature treatments

berdua-dua relax together retreat 120 mins \$450

In the serenity of our sunlit Couple's Suite, enjoy side-by-side 60-minutes custom massage treatments and a shared bath infused with our Signature Orchid Essence. Meaning "together" in the Malay language, experience berdua-dua and enjoy this intimate spa retreat perfect for two.

balancing treatments

Unblock vital energy

damai orchid massage Our Signature Orchid Essence radically boosts the rejuvenating and energy balancing effects of this pressure point massage.	90 mins	\$185
qi balance reflexology A traditional Chinese healing art, reflexology uses specific pressure point techniques to target reflex points on the feet.	60 mins 30 mins	\$150 \$75
lemon sugar body polish Ideal for those experiencing sluggishness and dull or dry skin conditions, treatment reveals softer, smoother and optimally hydrated skin.	60 mins	\$150
ginseng body masque This Ginseng wrap experience nourishes deeply to encourage and improve blood circulation throughout the body and to the brain, rebalancing while improving memory and cognitive abilities.	60 mins	\$150

healing treatments

Renew with nature

malay urut (massage) This traditional Malay and Indonesian massage uses deep thumb and forearm kneading and palm pressure along energy meridians to promote physical and mental well-being.	75 mins	\$165
targeted healing treatment Unblocking energy flow by targeting the neck, shoulders and back, this traditional deep kneading technique removes knots, releases tension and eliminates stress. Treatment is performed with an oil blend of your choice.	60 mins 30 mins	\$150 \$75
the royal lulur treatment Traditional Indonesian herbal body scrub.	60 mins	\$150
restorative jamu body wrap This wrap therapy works to tone skin, activate circulation and eliminate toxins.	60 mins	\$150

purifying treatments

De-stress and cleanse

abhyangam massage A central therapy in Ayurveda, the main goal of Abhyangam is for healing oils to be absorbed by the body to promote natural detoxification.	75 mins	\$165
indian ocean salt exfoliation Created with salts from the Indian Ocean, this vigorous salt scrub deeply cleanses and polishes the skin.	60 mins	\$150
fruit enzymes cleanse A blend of active Papaya, Mango and Pineapple enzymes will be brushed onto the body before a warm wrapping to activate circulation and eliminate toxins.	60 mins	\$150

renewing treatments

Energise body and mind

classic swedish massage The classic European massage experience, the Swedish technique is directed at deep muscle tissues, removes nodes of tension and brings relief from stress	75 mins	\$160
hot stone rejuvenation Warm River Stones are heated and used as an extension of your therapist's hands during this deeply relaxing massage treatment.	75 mins	\$165
kneippe body therapy A classic hydrotherapy treatment, Kneippe Therapy increases blood flow, stimulates the metabolism, reduces pain and boosts immunity. A gentle dry body brushing initiates treatment before sprays of warm and cold water stimulate circulation.	60 mins	\$150
thalasso body envelopment After an invigorating dry body brushing, a warm Seaweed masque is gently smoothed over the body before envelopment in a heated blanket.	60 mins	\$150

facial treatments

Using highly concentrated formulas of selected botanical and plant extracts known for their soothing and restorative properties. Damai Facial Treatments are centered on age-defying science and luxury. Delivering unparalleled results, Damai facials are personally customised to address all skin concerns.

**balancing
damai orchid facial** 90 mins \$170

Based on the energy balancing effects of our Signature Essence, the long-lasting, superior results of this facial treatment go beyond the scope of conventional facials.
For all skin types.

**healing
the men's facial** 60 mins \$160

Targeting uneven skin texture, in-grown facial hairs and clogged pores, our Men's Facial reveals polished, smooth skin.
For all skin types.

**purifying
botanical clarifying facial** 60 mins \$160

A complete facial therapy for congested skin, this pore purifying treatment promotes healing with Tea Tree, Lavender and Grapefruit.
For oily or congested skin.

facial treatments

**renewing
the age-defying facial** 90 mins \$170

This restorative treatment combines age-defying extracts of Cranberry, Chamomile and Ginseng with the science of safe, vitalising galvanic current to powerfully combat the signs of premature aging. Vitamin C and Collagen applications work to repair damaged cells.
For dry or mature skin types.

contour eyes treatment 30 mins \$65

Close your eyes, calm your mind and drift into Damai. This four-step treatment blends the anti-aging and lifting effects of Collagen and botanical extracts with Vitamins A, C and E in serum, masque and cream applications to tone the eye area and reduce the appearance of fine lines.
For all skin types.

perfect lip treatment 30 mins \$55

This anti-aging lip treatment helps to reduce the appearance of fine lines while improving the lip contour. Scrub, masque and a renewing application of Peach, Jojoba, Shea Butter and Collagen leave lips instantly smooth, soft and naturally protected.
For all skin types.

hand care

the excellence manicure

Let us treat you to the ultimate luxurious manicure.

60 mins

\$65

aroma express manicure

The express manicure for those in a hurry.

30 mins

\$50

paraffin hand treatment

An intensive moisture treatment for dry hands, Paraffin Hand Treatment finishes with a hand massage using Citrus-based hydrating lotion to lock in optimal moisture.

30 mins

\$45

foot care

the excellence pedicure

The ultimate pedicure for tired soles uses an invigorating Peppermint foot scrub.

60 mins

\$75

aroma pedicure

The express pedicure for those in a hurry.

45 mins

\$60

paraffin foot treatment

Deeply nourishing for dry and cracked heels, Paraffin Treatment restores moisture to relieve dryness and promote healing.

30 mins

\$45

how to spa

reservations

For reservations, please contact tel. +65 6416 7156
via email: damai.sg@hyatt.com or from within the hotel by calling 3156.

hours of service

Spa Operating Hours 9:00 a.m. – 10:00 p.m.
Opening Hours 6:00 a.m. – 10:00 p.m.

arrival

Please arrive at least 30 minutes prior to your scheduled appointment.
Late arrivals will be subject to a time reduction from the scheduled treatment.

spa attire

You will be provided with a robe and sandals for your comfort. A secured locker will be available for your personal belongings. The hotel is not responsible for any lost or misplaced items.

spa environment

At Damai, we strive to provide you with the most relaxing and soothing spa experience from the moment you arrive to the moment you leave. To ensure that guests can enjoy the tranquility of our spa, we respectfully request that all visitors keep noise level to a bare minimum. Usage of cellular phones and electronic devices are discouraged. Smoking and consumption of alcohol within the premise is prohibited.

spa retail

Items purchased in the spa retail area are non-refundable.

how to spa

spa etiquette

For your comfort, we ask that you shower prior to any body treatments and before using any water facilities following a massage treatment. Please allow yourself some time to cool down after using the steam, sauna or whirlpool baths.

reschedule and cancellation

We suggest that you schedule your appointment in advance in order to obtain your preferred treatment time. Should you wish to reschedule/cancel an appointment please give us a minimum 8 hours advance notice or a 50% cancellation fee will be charged to your credit card. No-shows will be charged as full amount.

payment

We accept cash and all major credit cards. All prices are quoted in SGD and subject to service charge and prevailing government taxes. Hotel guests may sign for the treatments to their valid room account.

fitness

Dedicated to wellness enthusiasts in search of innovative ways to restore balance in their lives, experience our holistic approach for total rejuvenation and familiarise yourself with the Health Club at Damai.

A range of classes, services and personal training sessions are available in the Health Club.

balancing

Pilates

healing

Yoga, Assisted Stretch

purifying

Personal Training, Nutritional Advice

renewing

Scheduled Fitness Classes, Badminton, Tennis Lessons

Equipped with Cardio and Strength machines, including the revolutionary Kinesis work stations, personal trainers are present in the Health Club at all times to assist you.

Recreation facilities include swimming pool, tennis courts, studio, badminton courts and Oasis restaurant.

